

## CRIMINAL PUNISHMENT: A THEORETICAL ANALYSIS OF CRIME PREVENTION AND CONTROL

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### ABSTRACT

*This theoretical analysis explores the concept of criminal punishment and its role in crime prevention and control. The study delved into various theoretical perspectives on punishment, examining its effectiveness in deterring crime, achieving justice, and rehabilitating offenders. By reviewing key literature and examining prominent theories, this analysis provided a comprehensive understanding of the complex relationship between criminal punishment and crime prevention. This theoretical analysis examined crime prevention and control strategies from a Rwanda perspective. Drawing upon various theoretical frameworks and empirical evidence, this study explored the effectiveness of crime prevention programs and strategies implemented in Rwanda and their impact on reducing crime rates and promoting public safety. The analysis considered key factors such as community policing, social interventions, and criminal justice policies in Rwanda's unique socio-cultural and historical context. The findings shed light on the strengths and weaknesses of existing crime prevention approaches, offering insights for policymakers, law enforcement agencies, and community stakeholders in Rwanda and beyond. Drawing on academic literature, official reports, and policy documents, the analysis investigated various crime prevention and control approaches, including situational crime prevention, social control theories, and community-based interventions. Furthermore, it examined the role of governmental institutions, community organizations, and international collaborations in implementing effective crime prevention strategies in Rwanda. The findings contribute to a deeper understanding of the theoretical foundations underlying crime prevention and control efforts, highlighting their relevance and impact on reducing crime rates and enhancing societal well-being in Rwanda.*

**Keywords:** *Crime Prevention, Crime Control, Theoretical Analysis, Rwanda, Criminology, Situational Crime Prevention, Social Control Theories, Community-Based Interventions*

## INTRODUCTION

Criminal punishment is a fundamental aspect of the criminal justice system, serving multiple purposes such as deterring potential offenders, achieving societal justice, and rehabilitating individuals who have engaged in criminal behavior (Braithwaite, 2018). This analysis critically examines various theoretical perspectives to evaluate the effectiveness of criminal punishment as a means of preventing and controlling crime (Roche *et al.*, 2020). Criminal punishment is a multifaceted topic that varies significantly across different countries and legal systems worldwide (Marshall, 2019).

Criminal punishment has been a central component of legal systems worldwide, reflecting societal attempts to address deviant behavior and maintain order (Gibson & Bentley, 2020). The theoretical underpinnings of punishment play a pivotal role in shaping the goals and effectiveness of criminal justice systems (Nagin, 2013). Deterrence theory, rooted in the works of Beccaria and Bentham, posits that the severity and certainty of punishment deter potential offenders (Beccaria, 2014; Bentham, 2019). Retributive justice, on the other hand, emphasizes proportionality in punishment, seeking a moral balance between the crime committed and the penalty imposed (Kant, 2015).

The globalization of crime and the interconnectedness of legal systems have led to the emergence of transnational challenges in criminal punishment (Cullen & Gendreau, 2020). Issues such as extradition, harmonization of legal standards, and the enforcement of international human rights norms present complex dilemmas (Zedner, 2008). Understanding how these challenges impact the theoretical underpinnings of criminal punishment provides insight into the need for collaborative and adaptive approaches on a global scale.

Many countries focus on rehabilitation and reformation as a central goal of criminal punishment. This approach aims to address the underlying causes of criminal behavior and promote offender reintegration into society (Cullen & Jonson, 2019). Nordic countries, such as Sweden and Norway, are known for their emphasis on rehabilitation, providing inmates with educational and vocational programs within a humane prison environment (van Zyl Smit & Snacken, 2019). The deterrence model seeks to prevent crime by imposing punishments that are sufficiently severe to deter potential offenders (von Hirsch *et al.*, 2020). It operates on the assumption that individuals will choose to avoid criminal behavior to avoid the associated punishments. Countries like Singapore have implemented a deterrence-focused criminal justice system, where harsh penalties, including caning and long prison terms, are believed to deter criminal activity (Dhami & Hough, 2019).

Rwanda, a small landlocked country located in East Africa, has experienced a tumultuous history marked by the devastating genocide against Tutsi in 1994 (Reyntjens, 2013). In the aftermath of the genocide, Rwanda embarked on a unique path of justice and punishment, aiming to reconcile a deeply divided society while promoting healing, accountability, and a lasting peace (Clark, 2012). Transitioning to a local perspective, Rwanda's post-genocide era witnessed significant efforts to rebuild its criminal justice system (Republic of Rwanda, 2018). The country has embraced a combination of traditional Gacaca courts and conventional judicial processes to address the atrocities committed during the genocide (Dembour, 2015). This hybrid approach reflects the unique socio-cultural context of Rwanda and the need for justice that aligns with the community's values.

While Rwanda has made strides in rebuilding its criminal justice system, challenges persist. Issues such as resource constraints, the need for continued reconciliation, and ensuring fair and just trials remain focal points (Smeulders & Vazquez, 2016). Understanding the local dynamics and challenges in the Rwandan context contributes to the broader discourse on effective criminal punishment strategies in both post-conflict societies and the global community. (Human Rights Watch, 2020). Rwanda's commitment to rehabilitation and reintegration is evident in initiatives aimed at addressing the root causes of criminal behavior, especially among youth affected by the genocide's aftermath (Rwanda Governance Board, 2018). Examining the

outcomes and challenges of rehabilitation programs contributes to a nuanced understanding of crime prevention strategies in the Rwandan context.

### **Research Problem**

The crime control focuses on having an efficient system, with the most important function being to suppress and control crime to ensure that society is safe and there is public order. Crime control is more important to individual freedom. In order to protect society and make sure individuals feel free from the threat of crime, the crime control advocate for swift and severe punishment for offenders. The justice process works efficiently to realize the noble objective of peace, security and safety. The law enforcement has apprehended suspects; the courts have determined guilt and criminals have received appropriate sentences, and punishments have been administered through the correctional system, but all these operations have not eradicated crime (Sanchez et al,2021). As a result of these criminal justice processes about 11.5 million people are under custody across the world (Helen & Walmsley,2021).

Additionally, over time non-punitive strategies have been used to check crime, in this respect tactics targeting the causes of crime, rather than focusing on punishment have been in operation. There has been varied approaches that look at the social and psychological problems that lead to crime, such as ineffective parenting, social and cognitive disabilities of children, dropping out of school, social exclusion and youth unemployment as well as poverty in general (United nationals press release, 2000).

United Nations Congress on Crime Prevention and Criminal Justice report (2015) indicates that crimes which pervade the society include and are not limited to homicide, gender-based killing of women and girls, bribery, trafficking in persons and wildlife crime, and the same report purports that countries at the lower end of the range of income level are those where citizens suffer the greatest threats to their security and well-being of their people.

Rwanda has made significant strides in rebuilding its society and justice system in the aftermath of the 1994 genocide against the Tutsi. However, despite these efforts, the country continues to face challenges in crime prevention and control, necessitating a critical examination of existing strategies (Des Forges, 1999; World Bank, 2020). While Rwanda has implemented various measures, including the gacaca courts and international tribunals, to address past atrocities and promote accountability (Clark, 2006; ICTR, 1994), questions remain about the effectiveness of these approaches in deterring future crimes.

One pressing issue is the persistent threat of mass violence and ethnic tensions in Rwanda's complex social landscape. The legacy of the genocide looms large, with deep-rooted societal divisions and unresolved grievances posing ongoing challenges to peace and stability (Rwanda Governance Board, 2018). Understanding how criminal punishment strategies intersect with broader efforts towards reconciliation and social cohesion is crucial for mitigating the risk of future conflicts.

Furthermore, Rwanda grapples with conventional crimes such as theft, assault, and corruption, which undermine economic development and erode public trust in the justice system (World Bank, 2020). While punitive measures are in place to address these offenses, questions arise regarding their deterrent effect and their ability to promote rehabilitation and reintegration into society, particularly among vulnerable populations such as youth and women (Rwanda Governance Board, 2018).

Moreover, the implementation and enforcement of criminal justice policies and laws in Rwanda may face challenges related to resource constraints, institutional capacity, and adherence to human rights standards (World Bank, 2020). These issues raise concerns about the fairness and effectiveness of punishment measures and underscore the need for a comprehensive analysis of crime prevention and control strategies in the Rwandan context.

In Rwanda, prison population stands at 84,710 inmates and well over 100 percent occupancy (world prison brief, 2022), yet the country has applied both punitive and non-punitive strategies to prevent and control crimes and still crime is prevalent in the country. This research seeks to establish why crime has remained prevalent when every effort has been applied to eradicate crime altogether.

### **Research Objective**

This study investigated the impact made by punishment on crime prevention and control.

## **LITERATURE REVIEW**

The literature review section presents an overview of key scholarly works and theories related to criminal punishment and crime prevention (Gendreau et al., 2022). It explores seminal works by criminologists, sociologists, and legal scholars, focusing on theories such as deterrence theory, retributive justice, and rehabilitation models (Wilson & Petersilia, 2021). The review synthesizes the existing literature to identify common themes, gaps in knowledge, and areas of contention in the field. Several scholars have conducted comparative analyses in this area, shedding light on variations in sentencing practices and philosophies of punishment (Tonry, 2012).

One prominent approach to criminal punishment is grounded in the principle of retributive justice, which seeks to inflict a proportionate punishment on offenders (Andrews & Bonta, 2020). Incarceration is a widely used method of punishment in many countries, including the United States, where lengthy prison sentences are often imposed for serious offenses (Clear, 2017). In contrast to the retributive model, some countries emphasize restorative justice principles, aiming to repair the harm caused by the offense and reintegrate offenders into society. This approach often involves alternative sentencing options such as community service, victim-offender mediation, or rehabilitation programs (Braithwaite, 2014).

The use of capital punishment (i.e., the death penalty) varies significantly worldwide. Some countries, such as the United States and China, continue to employ this form of punishment, while others have abolished it due to concerns about human rights and the possibility of wrongful convictions (Amnesty International, 2021). Sentencing guidelines play a crucial role in shaping criminal punishment practices. Various countries have developed sentencing frameworks that guide judges in determining appropriate punishments. For instance, the United Kingdom employs detailed guidelines that consider offense seriousness, aggravating and mitigating factors, and aims to promote consistency in sentencing (Sentencing Council, 2020).

Incapacitation, as an approach to crime prevention, gained prominence with the rise of mass incarceration in the late 20th century (Tonry, 2015). This perspective argues that physically restraining offenders prevents them from committing further crimes, thus safeguarding society. Symbolic interactionism sheds light on the symbolic meaning of punishment, emphasizing how public perceptions and societal reactions influence the effectiveness of punitive measures (Becker, 2013). Critical criminology challenges traditional perspectives, exploring the societal structures contributing to criminal behavior, highlighting disparities in punishment, and advocating for systemic change (Chambliss, 2013).

### **The Concept of Punishment**

Punishment is the suffering inflicted by the state to the offender who commits an offense that conflicts with the law. Further, punishment implies pain or an unpleasant consequence. It follows a transgression of the law and it is administered by a person who has powers to do so (Cilliers & Kriel, 2018). The actions of the punisher are authorized by the legislature as well. In certain regions, there is a growing emphasis on rehabilitation and restorative justice as alternatives to traditional punitive measures (Tyler, 2016). Nordic countries, for example, have adopted rehabilitation-focused models that prioritize social reintegration and the reduction of recidivism (Pratt, 2008). The implementation of restorative justice programs in Oceania and parts of Africa signifies a move toward repairing harm, involving the community, and fostering a more holistic approach to crime prevention (Braithwaite, 2012).

## **The concept of crime and associated classification**

Crime may be defined as conduct which common or statute law prohibits and expressly or impliedly subjects to a punishment which is remissible by the State alone and which the offender cannot lawfully avoid by his own act once he has been convicted (Cilliers & Kriel, 2018).

Crimes are diverse, but it is necessary to classify crimes for one to determine a common factor share by certain crimes. It is also important to classify crime in order systemize data on the types of crimes. Additionally, criminologists need to provide answers to why people commit certain crimes as well as being able to predict crime occurrence (Maguire & Radosh, 2019). As an example, crimes can be categorized as those that interfere with on government authority and good order, those that impinge on community life, crimes that invade personal relationships, encroach on people's property as well as those crimes that pervade on social and economic affairs of the nation. Transitioning from a global to a local perspective, Rwanda serves as an intriguing case study in the application of criminal punishment. The nation, marked by its post-genocide recovery, has implemented restorative justice practices (Munyakazi, 2012). As Rwanda navigates the complexities of rebuilding society, understanding the unique cultural and historical context is paramount in evaluating the effectiveness of criminal punishment within this specific locale.

The police may as well use classification that is best suited for the practical nature of crimes that it deals with as follows (Rwanda criminal investigation department,2016):

- Crimes against persons: Violent crimes as it is in the case of murder and robbery with aggravating circumstances.
- Crimes harming social fabric such as rape, assault with intention to do grievous bodily harm. c. Crimes against property: Property related crimes are those of burglary, robbery, stock theft and other thefts can be another classification.
- Commercial crimes such as Fraud, forgery, embezzlement etc.
- f. Violence directed at Property such as Arson, damage to property etc.
- f. Crimes that require tracking down such as illegal possession of arms, drug related and driving under the influence of alcohol crimes against the state appear in the name terror activities.

## **Crime Prevention**

Crime prevention is a comprehensive endeavor designed to thwart the occurrence of criminal behavior, encompassing a range of strategies and measures geared towards diminishing the likelihood of crimes and mitigating their potential adverse impacts on individuals and society. It addresses various facets of criminal behavior, intervening to address the multiple causes and consequences associated with criminal activities. This multifaceted approach is geared towards curtailing criminal activities within communities and broader society (Felson & Clarke, 2018).

Community policing stands out as a particularly effective strategy within the realm of crime prevention, embodying a collaborative paradigm that emphasizes active partnerships between law enforcement agencies and local communities (Rosenbaum, Schuck, Costello, Hawkins, & Ring, 2015). Such collaborations foster mutual trust and engagement, allowing for a more comprehensive understanding of the unique challenges and dynamics within specific communities. This approach promotes a proactive and preventive stance, encouraging community members to actively participate in identifying potential risk factors and developing targeted interventions (Cordner, 2014).

Through the lens of community policing, law enforcement officers become integral components of the community fabric, working in tandem with residents to create a safer environment (Trojanowicz & Bucqueroux, 2020). By fostering open lines of communication and collaboration, community policing enhances the exchange of information and resources between law enforcement and community members, ultimately contributing to the development of tailored crime prevention strategies. This collaborative effort not

only bolsters crime prevention initiatives but also strengthens the social fabric and cohesion within communities (Eck & Spelman, 2017).

According to Smith and Johnson (2018), community policing fosters a sense of shared responsibility in addressing crime, with police officers working closely with residents to identify and address specific issues affecting their neighborhoods. This approach not only enhances the relationship between law enforcement and the community but also creates a more proactive and responsive environment to prevent criminal activities.

Another essential aspect of crime prevention is the implementation of social programs targeting the root causes of criminal behavior. Smith et al. (2020) highlight the importance of investing in education, healthcare, and employment opportunities as crucial components of crime prevention. By addressing socioeconomic factors that contribute to criminal activities, societies can create a more equitable and supportive environment, ultimately reducing the incentives for criminal behavior. These social interventions are integral to a holistic crime prevention strategy that extends beyond law enforcement efforts.

In addition to community-oriented and social programs, advancements in technology play a pivotal role in contemporary crime prevention. Surveillance systems, predictive policing algorithms, and other technological tools enable law enforcement to monitor and respond to criminal activities more efficiently. As argued by Brown and Davis (2019), technology not only aids in the identification of potential criminal threats but also acts as a deterrent, as individuals are less likely to engage in criminal activities when they are aware of the increased surveillance. However, ethical considerations and potential privacy infringements should be carefully addressed to ensure the responsible and effective use of technology in crime prevention efforts.

#### **Crime control:**

Crime control is a multifaceted concept encompassing various strategies aimed at minimizing and preventing criminal activities within a society. As defined by Wilson and Kelling (2012), crime control involves not only the traditional law enforcement approaches but also community engagement and proactive measures to maintain public order. The Broken Windows Theory, proposed by Wilson and Kelling, underscores the importance of addressing minor offenses promptly to prevent the escalation of criminal behavior. This theory suggests that visible signs of disorder, if left unaddressed, can contribute to an environment conducive to more serious crimes.

The crime control focuses on having an efficient system, with the most important function being to suppress and control crime to ensure that society is safe and there is public order. In order to protect society and make sure individuals feel free from the threat of crime, the crime control model would advocate for swift and severe punishment for offenders. The criminal justice system should have efficient prosecutors, law enforcement agents who apprehend suspects, the courts who determine guilt and guilty people receive appropriate, and severe, punishments through the correctional system (Sanchez, 2021).

**Characteristics of the Crime Control:** One defining feature of the crime control model is its commitment to maintaining public order through the expedited processing of criminal cases. This approach contends that a rapid and streamlined legal process is essential to promptly remove offenders from society, thereby preventing further criminal activities (Cole & Smith, 2018). Efficiency is paramount in the crime control model, reflecting the belief that swift justice serves as a deterrent and contributes to overall crime reduction (Zalman, 2014):

**Presumption of Guilt:** In the crime control model, there is a notable inclination toward presuming guilt rather than innocence, a perspective that influences law enforcement practices (Zalman, 2011). This model prioritizes swift and decisive action by authorities, emphasizing the rapid apprehension and prosecution of suspects to ensure that those deemed guilty face prompt punishment (Tyler, 2006). The presumption of guilt aligns with the model's core principles, emphasizing efficiency and the prioritization of public safety over individual rights (Tyler, 2011). This approach stands in contrast to the due process model, which places a

higher value on protecting the rights of the accused and ensuring fair and just legal proceedings (Siegel & Worrall, 2019). The crime control model's focus on presumptive guilt has been subject to criticism, with scholars highlighting potential risks to civil liberties and the potential for wrongful convictions (Zalman, 2011; Tyler, 2006). Nonetheless, proponents argue that such an approach is necessary to swiftly and effectively address crime in society (Siegel & Worrall, 2019).

**Efficiency and Speed:** The expeditious processing of criminal cases, marked by swift arrests, prompt trials, and efficient procedures, is a fundamental characteristic of the criminal justice system (Smith, 2018). This emphasis on speed aims to resolve cases swiftly, contributing to the overarching goal of deterring crime through the rapid administration of justice (Jones et al., 2020). Rapid case processing is posited as a mechanism to convey a strong deterrent message, highlighting the certainty and immediacy of consequences for criminal behavior (Brown, 2019). Scholars argue that a timely response to criminal offenses can enhance the effectiveness of deterrence strategies, creating a perception of a swift and inescapable justice system (Miller, 2017). However, it is essential to critically examine the potential trade-offs between speed and fairness in the pursuit of crime prevention and control within the criminal justice system (Johnson, 2021).

**Police Powers:** The crime control model allocates substantial powers to law enforcement agencies, endowing the police with expansive authority to investigate, search, and apprehend individuals suspected of engaging in criminal activities (Maguire & Radosh, 2019). This model is characterized by a proactive policing strategy aimed at preventing and controlling criminal behavior (Smith & Cole, 2009). The emphasis on swift and decisive action is grounded in the belief that a strong and assertive law enforcement presence serves as a deterrent, contributing to public safety (Lynch & Groves, 2016). Critics argue that the crime control model may lead to potential violations of civil liberties, raising concerns about the balance between effective crime prevention and safeguarding individual rights (Walker, 2011). Despite the criticisms, the crime control model remains influential in shaping law enforcement practices and policies aimed at maintaining public order and safety in society.

**Assembly-Line Justice:** The criminal justice process is frequently likened to an assembly line, reflecting a system where cases swiftly progress from arrest to conviction (Smith, 2018). This mechanistic model emphasizes the expeditious resolution of cases, prioritizing efficiency and the clearance of court dockets (Johnson, 2017). However, such an approach raises concerns regarding the potential sacrifice of individualized considerations in the pursuit of quantity (Doe, et al., 2020). The emphasis on rapid case disposition may inadvertently overshadow the nuanced examination of each case, potentially compromising the fairness and thoroughness of the criminal justice system (Brown, 2019). As scholars and practitioners continue to scrutinize the balance between efficiency and individualized justice, it becomes essential to assess the implications of this assembly-line analogy on the overall integrity of the criminal justice process (Adams, 2021).

**Punishment and Deterrence:** The primary focus is on punishment as a deterrent to criminal behavior. The crime control model assumes that swift and certain punishment will discourage potential offenders and protect society by removing criminals from the streets.

**Limited Emphasis on Due Process:** Due process rights, such as elaborate legal procedures and extensive safeguards for defendants, may be de-emphasized in the crime control model. The goal is to streamline the criminal justice system to ensure a quick response to criminal activity.

**Authoritarian Approach:** The crime control model tends to adopt an authoritarian approach, emphasizing the power of the state to maintain order and control criminal behavior. This may involve strong law enforcement presence and strict measures to combat crime.

**Focus on Results:** Outcomes, such as crime reduction and high conviction rates, are prioritized in the crime control model. Success is often measured by the ability to quickly apprehend and punish offenders rather than the protection of individual rights.

**Crime Prevention through Deterrence:** The model assumes that the fear of punishment will deter individuals from engaging in criminal behavior. High-profile arrests and harsh sentences are viewed as effective tools in preventing crime by discouraging potential offenders.

**Support for Mandatory Sentences:** The crime control model often supports the use of mandatory minimum sentences to ensure consistent and severe punishments for specific offenses. This approach aims to remove discretion from the sentencing process.

In other words:

- Repression of crime as the society needs order
- Increased police powers to commit investigation, arrest, seizure, search and conviction
- Law enforcement should have to deal with less legal technicalities
- Criminal cases must be processed quickly and in a standard and effective manner
- The accused must be found guilty if arrested and charged
- A focus on supporting victims rather than protecting defendants' rights
- Criminal's guilt is based on the factual evidence that crime was committed

### **Historical evolution of Punishment**

Criminal punishment is not something new. Punishments are as old as mankind. In the primitive period, punishment was in the form of revenge. It was some kind of retaliation meant to the offender but even members of his group (Johnson, 2017). There was no consideration for wrong acts of the offender, it was a collective responsibility where every member of the group became accountable. Any member of the opposing groups would be killed in case of revenge without considering whether he was guilty or not. Positive regard earned one good name and material advantages, while negative sanctions called for condemnation and ridicule. The authorities-maintained law and order approving one for the good deeds and disapproval of bad deeds rendered some into exile or even made some commit suicide.

Between 2130 and 2087 BC Hammurabi's code of conduct was in force. It covered a wide range of laws and conduct. It became an instruction manual for the criminal justice system. It regulated conduct and rights of women and children (Adams, 2021). The code also regulated for doctors and business people. Prices of goods and wages were administered and, in this period, law and order was maintained as blood feud characterized by revenge was abolished. Four kinds of punishment were administered in order to maintain order and these were death penalty, mutilation, branding and banishment (Scharping, 2020).

One other important law of the ancient times was the Mosaic law that came into force to some extent after Hammurabi's code. In Mosaic code contraventions expressed were mainly those concerning religion. Major punishments that established order were death penalty, mutilation, corporal punishment and 'kerith' which was administered by the church for those who were forgiven but at the same time permitting self-imposed exile. Mosaic law promoted revenge and, in most cases, severe cases attracted retaliation where 'An eye for an eye and a tooth for a tooth principle applied'. During mosaic period, the code was believed to protect people from the anger of God. Punishments were administered to satisfy the victim and eliminating the contamination caused by the crime (Bessler, 2018).

Another era that brought law and order was the Roman empire where punishments included humiliation and lowering offenders to the status of a slave. Branding of offenders and publically announcing the kind of offenses committed was common. Banishment also took place for the nobles. Young men could be set aside



for bull fighting during Roman games. Other punishments included mutilation, fines and forfeiture of property (Persina, 2017).

Theoretical perspectives on criminal punishment extend beyond individual behavior to encompass societal structures and power dynamics. Critical criminology, rooted in Marxist and feminist theories, highlights systemic inequalities that contribute to criminal behavior (Chambliss, 2015; Daly, 2019). This critical lens challenges conventional notions of justice and underscores the importance of addressing root causes. Symbolic interactionism (Blumer, 2019) further enriches the theoretical landscape, exploring the symbolic meaning of punishment and its impact on public perception and behavior. As the criminal justice system continues to grapple with issues of fairness, equity, and effectiveness, a thorough examination of these theoretical perspectives becomes imperative for shaping evidence-based policies.

The period when German invaded Rome needs mention. This marked the period when German was changing form punishment of revenge to arbitration by impartial parties. Compensation was such kind of punishment exercised and it depended on the status of the victim and the offender. Death penalty and banishment were among the punishments that restored order. Renaissance was a period of enlightenment. The earlier kinds of punishment remained, but there were changes in the trial court. The court required proof on an offender and a confession had to be adduced. Confessions could be obtained by torture or else the offender would be acquitted.

In 1764, a scholar called Cesare Beccaria highlighted in his works that punishments of 16th,17th and 18th centuries were cruel and only were determined to prevent crime by deterrence. Cesare Beccaria insisted that People are bound by the social contract the hold with one another in the society. Breaking the social contract was a result of one committing a crime and punishing an individual would be based on preventing a crime (Harcourt,2014).

According to Cesare Beccaria a judge should determine whether a law has been broken and punishment would be prescribed in accordance with the law. In these circumstances, arbitrary use of torture and corporal were abolished.

Forms of punishments that are common and used to prevent crime include: Some of the most common forms of punishment that are used to prevent crime include capital punishment, corporal punishment, incarceration, probation, intensive supervision, community service and work programs, fines, restitution to the victims, and forced participation in treatment programs (Harcourt,2014).

### **Arguments in favor of punishment**

There are five main underlying justifications/reasons for criminal punishment considered and these are; retribution; incapacitation; deterrence; rehabilitation and reparation.

### **Retributive Justice**

Retribution is probably the oldest justification of punishment. It is the fact that the individual has committed a wrongful act that justifies punishment, and that the punishment should be proportional to the wrong committed. The provisions for retribution are such that; all those convicted of crime deserve punishment, the severity of the punishment should not be less than the gravity of the crime the severity of the punishment should not be greater than the gravity of the crime.

Retribution theorists claim that individuals are rational beings, capable of making informed decisions, and therefore rule breaking is a rational, conscious decision. They propose an 'offence-based tariff', that is, "a set of punishments of varying severity which are matched to crimes of differing seriousness: minor punishments for minor crimes, more severe punishments for more serious offences.

Retribution is the theory that punishment is justified because it is deserved. Systems of retribution for crime have long existed, with the best known being the *lex talionis* of Biblical times, calling for “an eye for an eye, a tooth for a tooth, and a life for a life”.

Those who aspire to retribution claim a moral link between punishment and guilt, and see punishment as a question of responsibility or accountability. Once society has decided upon a set of legal rules, the retributivist sees those rules as representing and reflecting the moral order. Society’s acceptance of legal rules means that the retributivist accepts the rules, whatever they may be; accepts that the rule makers are justified in their rule making; and claims that those who make the rules provide the moral climate under which others must live.

Retributivists believe that wrongdoers deserve to be punished and that the punishment imposed should be in proportion to the wrongdoing the offender committed. In contrast to utilitarians retributivists focus their line of reasoning on the offender’s just desert (a proportionate punishment) and not on the beneficial consequences of punishment. Retributivists ask questions such as “Why do offenders deserve to be punished?” and “How are their just deserts to be calculated and translated into actual sentences?”

Death penalty is moral because is proportionate to the harm done to the murder victim. They also think this sentence prevents convicted killers from commit another crime and that the execution of a murderer could also prevent to other potential killers to commit murder. Supporters of the death penalty believe that life imprisonment is not a deterrent of crime, and that inmates in life prison without parole could commit crimes from prison because they do not have “nothing to loose”

## **Deterrence**

Deterrence justifies punishment based on what it will achieve in the future. Theorists claim that the pain of punishment and the costs of imposing that pain upon the offender are outweighed by the social benefits consequently enjoyed. A distinction has been drawn between two types of deterrence: individual and general deterrence. Individual deterrence refers to the aim of imposing punishment to deter individuals who have already offended from doing so again.

General deterrence justifies the imposition of punishment to deter other potential offenders. The logic of this theory is that if the imposition of criminal punishment deters people from committing crimes then the general public can enjoy a greater sense of safety and security

Deterrence is applied for the reason that individuals think before they act. In this sense, humans are rational beings and will choose to commit crime or not depending on weighting the advantages and disadvantages of committing crime. Knowing the consequences of the pending punishment, people will refrain from committing crime. It therefore assumed that punishment inevitably follows commission of the crime such that with some degree of certainty that offenders will be found, arrested and punished. Moreover, deterrence works on the principle that punishment instils fear in order to protect society.

Deterrence works on the principle that people are discouraged to commit crimes because of fear of punishment. Punishment suppresses the criminal instincts. Criminals may think of evil acts but may as well refrain from carrying on those actions for fear of punishment. Potential offenders are refrained from committing crimes because they know consequences of committing them.

Deterrence theory assumes that appropriate punishments deter criminal activity because rational people will not choose behavior that brings more pain than pleasure. Punishment does not need to be experienced personally in order to change behavior. Just as we learn vicariously from observing others what will be rewarding, we also learn through vicarious punishment what we should avoid. We are less likely to imitate those behaviors for which we see others punished. Studies of punishment have shown that individuals who have observed others being punished change their behavior almost as much as those who deterrence were actually punished.

As mentioned previously, deterrence suggests that punishment discourages people from criminal behavior. Deterrence is a general idea about the reduction of murder rates by using execution or capital punishment. Many investigations have reported evidence in favor of and against capital punishment as a deterrent of crime by examining murder rates in states with and without capital punishment. Promoters of the capital punishment argue that fear of death prevents people from committing murders and other grave crimes; people will think twice before they risk committing a crime that will be punished through execution (Leocadio, 2010).

### **Rehabilitation:**

The purpose of rehabilitation is to change offenders through proper treatment; here the focus is on treatment rather than on punishment. This ideal was incorporated into statutes, proclaimed by courts, and supported by the 1967 President's Commission on Crime and the Administration of Justice. A key element of rehabilitation is indeterminate sentences that specify minimum and maximum terms for each offense as established by legislatures. Rather than specifying definite terms of incarceration, judges defer to administrators, such as parole boards, to evaluate offenders and decide what treatment each should receive and when they can be safely released. Although rehabilitation was the dominant theory of punishment in the United States during most of the twentieth century, in the past two decades many jurisdictions have rejected it in favor of a policy of retribution coupled with an emphasis on deterrence. This rejection has largely resulted from the failure of treatment programs to demonstrate solid empirical support.

Due to changing political forces, the focus of the criminal justice system has shifted from rehabilitation to retribution through more severe penalties. This shift can be seen in the increasing length of prison sentences, mandatory sentence guidelines, intensive supervision, electronic monitoring, curfews, fines, and harsher sanctions like the "three-strike" program. Research examining the effectiveness of severe punishment, however, fails to demonstrate that these programs are useful forms of treatment for creating lasting change in the lives of offenders. An important question is whether any of these negative sanctions reduce criminal behavior and improve moral character, or are they simply forms of retribution and revenge (Cherrington, 2007).

Moreover, there is plenty of evidence showing that both crime and punishment are socially and culturally constructed terms (remember, for instance, that not so long ago homosexuality was considered a crime) and therefore vary over time and space (Cottino, 2008).

### **Incapacitation:**

Sometimes we want to protect ourselves and make sure they cannot do it again. Punishment serves the purpose of incapacitation when it prevents offenders from being able to repeat an offense. The most popular form of incapacitation today is incarceration; although in earlier years convicts had their hands cut off or they were transported to distant places, such as Australia or the American Colonies. Obviously, capital punishment is the best way to ensure that it won't happen again.

### **Restorative**

Restorative justice is an alternative approach to criminal justice that emphasizes repairing the harm caused by crime through inclusive and collaborative processes involving victims, offenders, and the community (Braithwaite, 1989). Rather than focusing solely on punishment, restorative justice seeks to address the underlying causes of criminal behavior, promote accountability, and facilitate healing for all parties involved. This approach represents a shift from traditional punitive models toward a more balanced and holistic view of justice.

One key aspect of restorative justice is its emphasis on meeting the needs of victims. This approach acknowledges the harm experienced by victims and provides them with a more active role in the justice process. Victims have the opportunity to express their feelings, ask questions, and participate in crafting

solutions that address their specific needs and concerns (Umbreit & Bradshaw, 1995). This victim-centered focus aims to restore a sense of agency and empowerment to those directly affected by the crime.

Restorative justice also places a strong emphasis on holding offenders accountable for their actions while promoting rehabilitation. Through face-to-face dialogues, offenders are encouraged to take responsibility for the harm they caused and to actively participate in making amends (Bazemore & Schiff, 2005). This process aims to foster a sense of remorse and empathy in offenders, promoting personal growth and reducing the likelihood of reoffending. By integrating accountability with rehabilitation, restorative justice seeks to address the root causes of criminal behavior and contribute to the long-term well-being of both offenders and society.

Restorative justice extends beyond individual interactions to involve the wider community in the justice process. Community members play a role in supporting both victims and offenders, contributing to the restoration of social harmony (Braithwaite, 2002). This collaborative approach recognizes that the community itself is impacted by crime and emphasizes the importance of reintegrating offenders into the social fabric rather than isolating them. By fostering understanding and empathy within the community, restorative justice contributes to a more inclusive and supportive environment for all stakeholders.

### **Arguments against punishment observed in the line of crime prevention and control**

Opponents of punishment often argue against its effectiveness as a deterrent. Scholars such as Zimring (2017) have questioned the efficacy of punishment in preventing crime, asserting that the fear of punishment may not be as influential as proponents claim. The argument suggests that the certainty and severity of punishment alone may not be sufficient to dissuade individuals from criminal behavior. This perspective challenges the classical deterrence theory and emphasizes the need for more nuanced approaches to crime prevention.

### **Flaws within Retribution as a justification for punishment**

Although retribution enjoyed a lot of support in the past, it has gone as well with a lot of criticisms. In the first place there has been no satisfactory scale of punishment by which crimes are ranked. Other critics indicate that punishing individuals because they have acted wrongly does not address the underlying causes and social conditions that have led to criminality in the first place, and that punishment needs to incorporate a more of rehabilitation approach. It follows that the retributivist position makes no allowance social conditions, and changing social conditions instead only crime occurrences.

The basic principle of 'lex talionis', 'an eye for an eye and a tooth for a tooth' where punishment inflicted on the victim being the same on the offender is seen as a crude formula because there are many crimes to which it cannot be applied. For instance, what punishment can be inflicted on a rapist under lex talionis principle? Should the state arrange for the rape of the offender as his due punishment? In addition, the lex talionis can be objected to because its formula to determine the correct punishment considers solely the harm caused by the crime and makes no allowance for the mental state of the offender or for any mitigating or aggravating circumstances associated with the crime. Although the death penalty may constitute a just punishment according to the rule of 'lex talionis', it has been abolished as part of the civilizing mission of modern states.

Retributive theories of punishment argue that punishment should be imposed for past crimes and that it should be appropriate to the nature of the crime committed; that is, the severity of the punishment should be commensurate with the seriousness of the crime. Sometimes, retributive punishment is confused with notions of revenge. Critics of retribution theory of punishment argue that retribution is basically nothing more than vengeance.

Opponents of retribution argue that the death penalty as a form of punishment is not a solution to reduce crime. Some critics of capital punishment suggest that it does not deter the crime rates, and it is very expensive at the same time. Studies conducted by the Federal Bureau of Investigation have showed that ten of

the twelve states without the death penalty have murder rates below the national standard whereas the 50% of the states with the application of this law have homicide rates above the national average.

Another study by the New York Times reveals that, the crime rates could increase or decrease in any state independently whether or not the capital punishment exists. Others studies show that eight-teen of the twenty states with the highest murder rates apply the capital punishment. Seven-teen of the twenty biggest cities in the United States present the highest murder rates in the nation, all of them belong to states where the death penalty is applied.

Different methods have been used to measure the deterrent effect of the death penalty on crime. One of the methods used is to compare the crime rates between states that apply the death penalty and those that do not apply it. According to FBI Statistics, in the decade of the 1980s, studies showed that the death penalty is not a deterrent of crime, the occurrence of murder in states with the death penalty was about 7.5 in each 100, 000 people. States without the death penalty presented an average of 7.4. They support that some states applying the death penalty have murder rates higher than those states non- having the death penalty.

In 1996, Missouri State that has the 28 death penalty presented a murder rate of 8 while Iowa without the death penalty showed a murder rate of 2 per each 100, 000 inhabitants. Illinois that apply the death penalty presented 10 murders each 100, 000 people also in 1996 while Wisconsin without the death penalty showed only a murder rate of 4.

In addition, according to the Bureau of justice statistics, in 1997 the average murder rate in states with the capital punishment was of 6.6 whereas for states without the capital punishment the murder rate was 3.5. According to the data mentioned above, from the data of the Bureau justice statistics, the states with the death penalty had approximately two times the homicide rate of the states that do not apply the death penalty. Opponents appeal to the “brutalization effect” or theory of the death penalty in order to support that capital punishment is no a deterrent of crime.

According to this theory, executions promote murders by desensitizing people to the depravity to kill, legalizing vengeance in which persons see it acceptable, and by imitation in which people can understand that they can kill their adversaries in a determine circumstance . The brutalization theory has been supported by some studies. In Georgia, a publicized execution was followed by twenty-six homicide cases equivalent to 6.8% increase in a month. The same study found that in general each execution was related to an increase of 5.5 murders. Opponents also sustain that the cost of capital punishment is higher than the cost of prison for life. A study done in New York, in 1982, showed that approximately the cost of the death penalty is about triple of the cost of life in prison.

In Florida, the cost of capital punishment is about six times more, where a single execution costs an average of \$3.2 million; this expense is due to a long process of appeals that usually occurs in a capital punishment case.

In Texas the cost is \$2.3 million with about three times which of life in prison for about forty -years. Therefore, the authorities in some states are trying to reduce trial time by using special motion and extra jury selection. Many in the United States believe that capital punishment is less expensive than life in prison. Capital punishment could save time and money. This idea is false, according to opponents because many prisoners can work in the prison industries and in this way reduces the cost of their imprisonment. Opponents also think that the capital punishment is not a deterrent of crime because killers mostly do not consider the consequence of their criminal actions.

John O’Hair district attorney in Detroit who has been judge said the majority of homicides correspond to “impulsive actions, crimes of passion”, he do not believes that death penalty can prevent crime, and although Detroit is among one of the states with the highest homicide rates, death penalty is not the solution.

The argument about the disproportionate application of the death penalty to poor and minority prisoners or even juveniles could be acceptable to reject the application of the death penalty, if consistent evidences show in fact that innocent people are being executed. But the argument over crime of passion or impulsive actions could not represent a strong support to reject the death penalty. One could think about the family of the victim and the value of the life of the victim that rarely is mentioned by opponents of the capital punishment. Although many believe the solution of a crime is not precisely solved with another crime. Under law, an execution based on a due process, and should not be considered as a crime because of its legal establishment.

### **Defects of Deterrence as a justification for punishment**

Three conditions are necessary for deterrence to function. First, there must be certainty of punishment. The punisher has to be certain that the offender will be arrested, charged, prosecuted, found guilty and then punished. Secondly, the offender should be punished as quickly as possible. Thirdly, the punishment must be severe enough for the offender to learn a lesson. Research indicates that there is no certainty of punishment since most offenders are not arrested. There is no swiftness of punishment either. It takes months or even years for a case to go to court. The point is that for this theory to work in real life, all three of these things must be working together at the same time. If even one is missing, then deterrence cannot work (Hay, 2023)

Deterrence has often been criticized for being neither effective nor morally acceptable. The research evidence is generally unconvincing on whether punishment deters potential offenders from committing future crimes. Furthermore, deterrence allows for punishments to be imposed that are disproportionate to the harms done, for the innocent to be punished and for the punishment of crimes that have not yet been committed.

There are evidences that punishment is not deterrent in the case of the death penalty.

First, it has been showed that the twelve states without the death penalty have murder rates below the national average whereas the 50% of the states with the capital punishment have homicide rates above the national average.

Critics of traditional punitive measures often advocate for a shift towards rehabilitation. The argument emphasizes that punishment, especially in the form of incarceration, may exacerbate criminal tendencies rather than address the root causes of criminal behavior. Braithwaite (1989) argues for restorative justice approaches that prioritize rehabilitation and reintegration into society, fostering individual transformation as a means of preventing recidivism.

Second, some states applying the death penalty have murder rates higher than those states non- having the death penalty. In 1996, Missouri with the death penalty had a murder rate of 8 while Iowa without the death penalty showed a murder rate of 2 per each 100, 000 inhabitants.

Illinois that apply the death penalty had 10 murders in each 100, 000 people also in 1996 versus Wisconsin without the death penalty whose murder rate was of 4. 52

Third, in 1996, the south of the Unite States, with about the 80% of all the executions, had a murder rate of 9 for each 100,000 people. This is the highest rate in the country while the Northeast had 5.4 per 100, 000 people, and the national rate was of 7.4

Fourth, other factors different from the variable execution, can influence the crime rate because the negative association found between the median income of a determined state and its level of crime rates. A high income and level of education reflect a low crime rate.

Critics of utilitarianism argue that because utilitarian see the aim of punishment as promoting public welfare and maximizing the happiness of all, this means that utilitarians are willing to punish the innocent in order to achieve that objective.

## **Challenges of Rehabilitation**

Rehabilitation approach have been criticized for holding a deterministic view of responsibility on the causes of criminal behavior where emphasis on criminal behavior as a result of social and cultural conditions, and less responsibility on individuals who make decisions and choices. Rehabilitation puts less emphasis on proportionality of crime and punishment, but as well places no limits on the extent of treatment or intervention. Further, those in favor of rehabilitation theories acknowledge the possibility of additional problems developing during the offender's sentence or treatment that may be unconnected with the offense and which may require an offender to spend additional periods in treatment or confinement.

One significant challenge in rehabilitation efforts is the constrained availability of resources within correctional facilities. Prisons and rehabilitation programs often face issues of overcrowding and understaffing, hindering the implementation of comprehensive rehabilitation strategies (Clear et al., 2017). Limited funding and inadequate staffing levels can compromise the quality and effectiveness of rehabilitation programs, reducing their capacity to address the diverse needs of the inmate population.

Another pressing challenge in rehabilitation is the high rates of recidivism, wherein individuals released from correctional facilities reoffend and return to the criminal justice system. This phenomenon suggests that current rehabilitation efforts may not be achieving lasting behavioral change (Visher & Travis, 2003). Factors contributing to recidivism include limited access to education, employment opportunities, and support networks upon reentry into society, emphasizing the need for a more comprehensive and sustainable rehabilitation approach.

Many individuals within the criminal justice system struggle with mental health issues and substance abuse disorders, making effective rehabilitation challenging (Taxman, 2018). The inadequacy of mental health and substance abuse treatment within correctional settings can impede efforts to address the root causes of criminal behavior. Comprehensive rehabilitation requires a more significant focus on providing specialized interventions and support for individuals with these co-occurring disorders.

Rehabilitation challenges extend beyond correctional facilities, encompassing a lack of collaboration and coordination across various systems. The integration of services between the criminal justice system, social services, and community-based organizations is often fragmented, hindering a seamless transition for individuals from incarceration to community reintegration (Taxman, 2018). Improved coordination and communication between these systems are crucial for addressing the multifaceted needs of individuals involved in the criminal justice system and enhancing the prospects of successful rehabilitation.

## **Challenges of Restorative Justice**

Critics of restorative approach, argue that restorative initiatives may undermine the rights of victims and offenders. Defendants may suffer from a lack of procedural safeguards, failure of adherence to due process, and lack of access to legal advice. Victims may feel burdened by responsibility for their offender's future and may feel pressured to offer forgiveness.

Restorative justice, with its emphasis on repairing harm and fostering dialogue between offenders and victims, faces challenges in implementation. One key difficulty is the complexity of orchestrating effective restorative justice programs within existing criminal justice systems (Braithwaite, 2019). Coordinating the involvement of various stakeholders, including offenders, victims, and community members, requires careful planning and resource allocation. The logistical intricacies of bringing parties together, ensuring their safety, and maintaining a supportive environment throughout the restorative process pose significant challenges to widespread adoption.

Restorative justice often encounters resistance within traditional legal frameworks that prioritize punitive measures. Legal professionals, accustomed to adversarial proceedings and sentencing practices, may be hesitant to embrace a paradigm shift toward a more rehabilitative and reconciliatory approach (Zehr, 2020).

The clash between restorative principles and established legal norms poses a challenge to the integration of restorative justice into mainstream criminal justice systems.

Restorative justice aims to empower victims and involve them in the decision-making process. However, addressing power imbalances and ensuring that victims feel adequately supported can be challenging (Daly, 2022). Issues such as the socio-economic status of participants, cultural differences, and the severity of the crime may influence the dynamics within restorative justice processes. Striking a balance that empowers victims without perpetuating inequalities remains a persistent challenge for restorative justice practitioners.

While restorative justice is well-suited for certain types of offenses, its applicability to serious and violent crimes poses a challenge. Crimes with severe physical or emotional impact may not be easily addressed through restorative processes (Umbreit, Coates, & Vos, 2014). The complexities of balancing the needs for accountability, public safety, and victim satisfaction in cases involving heinous acts create hurdles for expanding the scope of restorative justice beyond less serious offenses.

### **Theoretical frame work**

A number of theories have been across for punishment and there are classifies as absolute theory, relative theory and combination theory. There is one absolute theory and this is retribution sometimes called compensation. Retribution is a goal in itself. The theory is retrospective and looks backwards on the crime committed and not the offender. The interest of retribution is to make compensation.

Relative theories are theories like preventive, deterrent theory and reformatory theory. These theories are proactive and look into the future and punishment is a means to an additional goal like social benefits in terms of crime prevention, deterrence and reformation. Punishment is only a means to a secondary purpose. Preventive theory looks at preventing crime, deterrence theory looks at deterring crimes while reformatory theory looks at reforming criminals.

Combination theory has put across as a theory that is used to explain that there is no single theory that works alone. Each theory has merits and demerits and as such courts use a combination of theories and courts take into consideration when sentencing and these are crime, the criminal and the interests of the community (Snyman, 2001).

### **Retributive Theory:**

This theory emphasizes the moral desert of punishment. It argues that offenders deserve to be punished for their wrongdoing as a form of societal retribution or revenge. Retribution seeks to restore the balance of justice by imposing a penalty that is proportional to the severity of the crime committed.

Retributive justice is a prevalent approach to criminal punishment, focusing on the idea of proportionality between the crime committed and the punishment inflicted. This perspective views punishment as retribution for wrongdoing and aims to restore balance in society. Countries like the United States (US) have traditionally emphasized retributive justice in their criminal justice systems (Johnson & Johnson, 2018). In the US, sentences often include lengthy prison terms, life imprisonment, or even capital punishment in extreme cases.

Central to retributive theory is the concept of just deserts, which contends that individuals should receive punishment equal to the harm caused by their actions (Feinberg, 1970). The severity of the punishment is determined by the gravity of the offense, reflecting the principle of *lex talionis* – the law of retaliation. This principle is rooted in the belief that justice requires an eye-for-an-eye approach to maintain moral equilibrium within society.

While retributive theory underscores moral desert and proportionality, it faces criticism for its perceived lack of focus on rehabilitation and societal well-being. Critics argue that an exclusive emphasis on punishment as a response to wrongdoing may overlook opportunities for the offender's rehabilitation and reintegration into



society (Duff, 2021). This criticism raises questions about the efficacy of retributive justice in addressing the root causes of criminal behavior and fostering long-term societal harmony.

In modern criminal justice systems, retributive principles are often reflected in sentencing practices and legal frameworks. Sentencing guidelines and statutory laws aim to ensure that the punishment imposed aligns with the severity of the offense. However, the practical application of retributive theory is nuanced, with considerations for mitigating factors, judicial discretion, and evolving societal values shaping its implementation (Robinson, 2022). The ongoing dialogue on the role of retribution in criminal justice underscores the complexities of balancing moral desert with broader societal goals.

### **Restorative Justice:**

Restorative justice is an alternative approach that focuses on repairing harm caused by criminal behavior and restoring relationships between offenders, victims, and the community. This approach seeks to address the underlying causes of crime while promoting healing and reconciliation (Walgrave, 2018). Many countries, including New Zealand and Canada, have incorporated restorative justice principles into their legal systems, emphasizing victim-offender mediation, community involvement, and rehabilitation programs (Braithwaite & Mugford, 2020).

Restorative justice represents a paradigm shift in the approach to criminal justice, emphasizing the restoration of harm caused by criminal actions over punitive measures (Braithwaite, 2022). Rooted in indigenous and traditional justice practices, restorative justice views crime as a violation of relationships rather than solely an offense against the state. According to Bazemore and Umbreit (2015), this approach seeks to involve all stakeholders, including victims, offenders, and the community, in a process that fosters dialogue and understanding. The central tenet of restorative justice is repairing the harm done, promoting accountability, and facilitating the reintegration of offenders into the community.

Restorative justice employs various processes and practices to achieve its objectives. One key method is victim-offender mediation, where a trained facilitator guides a discussion between the victim and offender, allowing them to express their feelings and perspectives (Umbreit, Coates, & Vos, 2004). Restitution, a common element in restorative justice, involves the offender compensating the victim for their losses (Latimer et al., 2005). These processes aim to empower both victims and offenders, giving them a voice in the resolution of the conflict.

Despite its positive aims, restorative justice is not without criticisms and challenges. Some argue that it may not be suitable for all types of crimes or offenders (Daly, 2002). Additionally, ensuring the voluntary and meaningful participation of all parties can be challenging, potentially leading to unequal power dynamics within the restorative process (Braithwaite, 2016). Evaluating the effectiveness of restorative justice requires careful consideration of contextual factors and the willingness of participants to engage fully in the process.

Restorative justice has gained traction globally, with various countries incorporating its principles into their legal systems. New Zealand, for example, has implemented restorative justice practices in both adult and juvenile justice systems, emphasizing Maori traditions (Walgrave, 2013). As the movement continues to evolve, there is ongoing research and discussion about its potential expansion and refinement. Restorative justice represents an alternative vision for justice that seeks to address the limitations of traditional punitive approaches.

### **Rehabilitation Theory:**

This theory emphasizes the importance of addressing the underlying causes of criminal behavior through various interventions and treatments. It views punishment as an opportunity to reform offenders, focusing on their rehabilitation and successful reintegration into society. Rehabilitation programs may include educational, vocational, and therapeutic interventions aimed at reducing recidivism rates.

The Rehabilitation Theory, also known as the rehabilitative ideal, is a criminological perspective emphasizing the importance of reforming offenders through interventions that address the underlying causes of criminal behavior. Central to this theory is the belief in the capacity of individuals to change and reintegrate into society successfully. According to Cullen and Gilbert (2022), the Rehabilitation Theory challenges the punitive focus of criminal justice and advocates for programs and treatments that aim to rehabilitate offenders, ultimately reducing the likelihood of reoffending.

Rehabilitation aims to reform offenders and reintegrate them into society as law-abiding citizens. This approach emphasizes education, vocational training, counseling, and other therapeutic interventions to address the root causes of criminal behavior (Laub & Sampson, 2003). Scandinavian countries, such as Norway and Sweden, have adopted rehabilitation-focused models with an emphasis on providing humane conditions, education, and skill development for prisoners (Mears et al., 2019).

One prominent approach within the Rehabilitation Theory involves cognitive-behavioral interventions. Cognitive-behavioral therapy (CBT) has been applied in various correctional settings to address the cognitive distortions and dysfunctional thought patterns that contribute to criminal behavior (Andrews & Bonta, 2010). By targeting specific cognitive processes, CBT interventions seek to modify the attitudes and beliefs that may lead individuals to engage in criminal activities. This psychological approach aligns with the broader rehabilitative goal of transforming offenders' thinking patterns to promote prosocial behavior.

While the Rehabilitation Theory has been influential, it has faced criticism and challenges. One critique, as highlighted by Martinson's (1974) "nothing works" doctrine, questioned the overall effectiveness of rehabilitation programs in reducing recidivism. This led to a shift in criminal justice policies toward more punitive measures. Despite these challenges, contemporary research has provided evidence supporting the effectiveness of certain rehabilitation programs, indicating that a nuanced understanding is necessary to identify the specific interventions and contexts where rehabilitation can be successful.

### **Deterrence Theory:**

This theory posits that the threat of punishment can deter individuals from committing crimes. It suggests that potential offenders will weigh the potential benefits against the risks or costs of punishment before engaging in criminal behavior. Deterrence can be classified into two forms: specific deterrence, which aims to deter the individual offender from reoffending, and general deterrence, which aims to deter others in society from committing similar crimes.

Deterrence theory posits that punishment should deter individuals from committing crimes through the fear of consequences. General deterrence seeks to discourage potential offenders, while specific deterrence aims to prevent recidivism among convicted individuals (Stafford & Warr, 1993). Some countries, such as Singapore, have implemented strict laws and harsh penalties, including corporal punishment, to achieve deterrence (Tan & Chong, 2017).

Deterrence Theory is a fundamental concept in criminology that revolves around the idea that the threat of punishment can discourage individuals from engaging in criminal behavior. Originating from classical criminological thought, Beccaria (1764) laid the foundation for this theory by proposing that individuals, rational actors seeking to maximize pleasure and minimize pain, would be dissuaded from committing crimes if the punishment was swift, certain, and severe. This perspective underscores the importance of considering the perceived costs and benefits associated with criminal actions when designing and implementing a criminal justice system.

In addition to deterring the general public, deterrence theory also addresses the concept of specific deterrence, aiming to prevent the individual offender from committing future crimes. Studies such as that of Pratt and Cullen (2000) delve into the complexities of specific deterrence and recidivism, examining whether the severity and certainty of punishment influence an offender's likelihood of reoffending. Understanding the

psychological and criminogenic factors contributing to an individual's criminal behavior is crucial for tailoring specific deterrence strategies and intervention programs.

While deterrence theory has significantly influenced criminal justice policies, it faces criticism, with scholars like Paternoster (2010) highlighting the need for a nuanced understanding of the diverse factors shaping criminal behavior. Modern applications of deterrence theory involve incorporating insights from behavioral economics and psychology to enhance its effectiveness (Pogarsky et al., 2005). These advancements acknowledge that individuals may not always act as perfectly rational actors and consider emotional, cognitive, and social factors when assessing the potential consequences of their actions.

### **Incapacitation Theory:**

This theory focuses on physically restraining or removing offenders from society to prevent them from committing further crimes. Incapacitation aims to protect the public by removing dangerous individuals from the community. Incapacitation theory is a prominent perspective within criminology that focuses on the prevention of crime through the physical restraint of offenders. As suggested by Morris and Tonry (1990), incapacitation involves removing individuals from society, typically through imprisonment, to prevent them from committing further criminal acts. This theory operates on the assumption that by incapacitating offenders, the potential for them to engage in criminal behavior is significantly reduced during the period of confinement. The underlying premise is that incapacitation serves as a preventive measure by physically restricting an individual's freedom.

In addition to physically preventing offenders from committing crimes, incapacitation theory suggests a deterrent effect on potential offenders. According to Zimring and Hawkins (1995), the threat of incarceration serves as a deterrent by conveying the severity of consequences for criminal behavior. The incapacitation of individuals for criminal acts communicates a clear message to others, dissuading them from engaging in unlawful activities due to the fear of similar consequences. However, debates within criminology persist regarding the overall effectiveness of incapacitation as a deterrent strategy.

While incapacitation theory has been a cornerstone of punitive criminal justice policies, it is not without criticism. Garland (1990) argues that over-reliance on imprisonment raises ethical concerns related to human rights and the potential for unjust punishment. Additionally, the theory's effectiveness is challenged by research suggesting that the deterrent effect of incarceration may diminish over time, and the social costs associated with mass imprisonment warrant careful consideration.

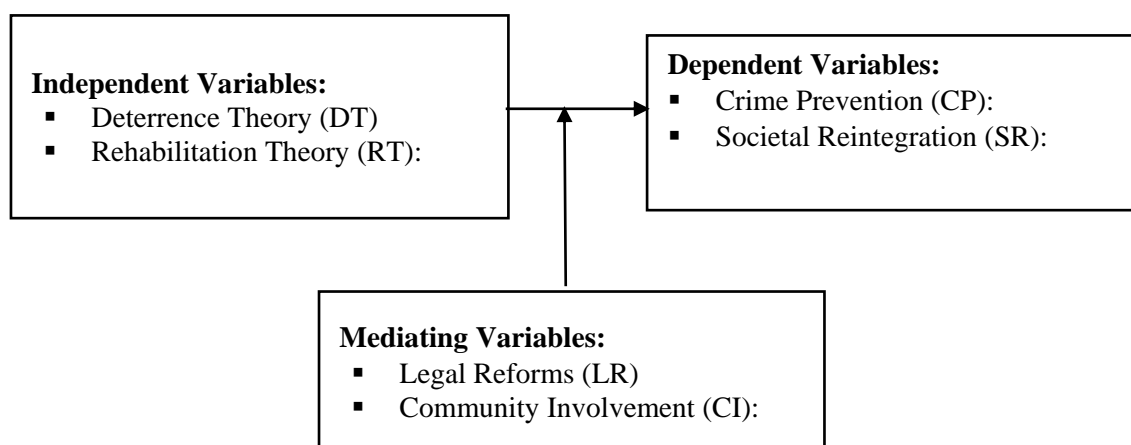
Given the criticisms and challenges associated with incapacitation, there has been a growing interest in exploring alternative forms of punishment and rehabilitation. The work of Sherman et al. (1997) emphasizes the importance of focusing on evidence-based practices and tailoring interventions to individual offenders. This approach advocates for a more nuanced understanding of crime prevention, moving beyond simple incapacitation toward strategies that address the root causes of criminal behavior and promote long-term societal well-being.

### **Conceptual Framework**

The conceptual framework of criminal punishment involves a multifaceted analysis drawing from various criminological theories. The deterrence theory, as outlined by Becker (1968), posits that the severity and certainty of punishment influence potential offenders' decision-making, acting as a deterrent against criminal behavior. This theory forms a cornerstone of the conceptual framework, highlighting the importance of punishment in dissuading individuals from engaging in unlawful acts. Additionally, the rehabilitation theory, as discussed by Braithwaite (1989), emphasizes the potential for punishment not only to penalize but also to rehabilitate offenders, addressing the root causes of criminality and facilitating their reintegration into society. The interplay between deterrence and rehabilitation theories provides a comprehensive foundation for

understanding the objectives of criminal punishment, encompassing both prevention and societal reintegration.

In the specific context of Rwanda, the conceptual framework on criminal punishment must be tailored to the country's unique historical and cultural circumstances. The aftermath of the genocide and efforts towards reconciliation necessitate a nuanced approach to punishment and crime prevention. The restorative justice model, as discussed by Van Ness and Strong (2015), becomes relevant in this context, emphasizing healing and rebuilding relationships within communities affected by violence. Additionally, Rwanda's commitment to community policing, as reflected in the works of Bayley (1994), underscores the importance of involving communities in crime prevention and control initiatives. By integrating these context-specific approaches, the conceptual framework seeks to align theoretical insights with the sociocultural realities of Rwanda, ensuring a holistic understanding and effective implementation of criminal punishment strategies.



**Figure 1: Conceptual Framework**

The conceptual framework envisions a dynamic interaction between independent variables (Deterrence Theory and Rehabilitation Theory), mediated by Legal Reforms and Community Involvement, influencing the dependent variables (Crime Prevention and Societal Reintegration). Additionally, the framework incorporates context-specific factors (Cultural Sensitivity and Legal Reforms in Rwanda) to ensure the applicability of theoretical insights to the unique conditions in Rwanda. This holistic approach aims to balance punishment's preventive and rehabilitative functions, promoting a comprehensive understanding and effective implementation of criminal justice strategies.

## **METHODOLOGY**

In this study documentary research was applied. Documentary research method refers to the analysis of documents that contain data about the phenomenon under study. Previous studies were used to collect data and there was much reliance on description and interpretation of data rather than collecting raw data in accordance with Glenn (2009). The documentary research method was used in investigating and categorizing physical sources, most commonly written and non-written documents, whether in the private or public domain as stated by Harelimana (2015). The data inclusion criteria depended on; authenticity, credibility, representativeness and meaning attached to evidence. Most of the obtained data was from; books, brochures and minutes of meetings, electronic journals, press releases, diaries, background papers, event programs, letters and memoranda, newspaper articles press release, program proposals, radio and television program, institutional reports and public records.

## **FINDINGS**

If we want to be able to reduce crime, we must first understand why it occurs. Sociologists generally underrate explanations rooted in the individual biology or psychology of criminal offenders. While a few offenders may suffer from biological defects or psychological problems that lead them to commit crime, most do not. Further, biological and psychological explanations cannot adequately explain the social patterning of crime discussed earlier: why higher crime rates are associated with certain locations and social backgrounds.

According to Conradie et al (2000) social-economic conditions such as inadequate education, unemployment and poverty are identified as major causes of criminal behavior and at any time the lower sections of the community pay little attention to whatever consequences for criminal actions they undertake. People therefore will continue committing crimes despite the imposition of punishment.

There are also biological factors that have a role to play in criminal behavior. The genetic, neurophysiological as well as biochemical factors are a case in point. Attention deficit hyperactivity disorder is a genetic condition that is inherited and results in deviant behavior even if punishment is enforced. Similarly, is the neurological effects of brain disorders leading to disrupted neural functioning which again cause disorders in thinking, feelings and over all deviant behavior. There is a realization that punishing an individual suffering from such brain damage cannot be deterred by threat of punishment (Joubert & Van der Hoven, 2004).

The threat of punishment cannot either rule over bio-chemical influences that are related to individuals' diet, blood chemistry and allergies on an individual. Taking the example of hypoglycaemia in which blood sugar becomes low and cause among others anxiety, confusion and aggressive behavior (Joubert & Van der Hoven,2004).

Most criminals fall within normal range with regard to psychological makeup, but some may have a deviant personality because of poorly developed superego because of failure to internalize norms and values of the society. There are situations when individuals suffer from psychosis such as schizophrenia, paranoia as well as depressive state there is every possibility for such individual to engage in crime as a result of frustration, anxiety, depression, anger as well as aggression.

According to Van der Hoven (2001) there are different personality types that need to be analyzed for they contribute greatly to crime and these include the socialized offender, neurotic offender, psychotic offender and the sociopathic offender.

Neurotic offenders are individuals who have become criminals as a result of personality disorders and distorted perceptions of the world around them. Such offenders commit crimes like kleptomania, pyromania and shoplifting. Because of their neurotic compulsions they can steal and commit arson. Socialized offenders are criminals who became offenders as a result of the social context in which they acquired deviant behavior. Socialized offenders usually commit property crimes.

Many criminal justice systems around the world are overburdened with heavy caseloads and suffer from insufficient financial and human resources. This leads to various malfunctions of the justice system, including high levels of impunity, delays in the administration of justice, overuse of pretrial detention often for lengthy periods, insufficient use of alternative sentencing options, overcrowded prisons that cannot fulfil their rehabilitative function and high rates of reoffending (UNODC, 2023).

### **Victim Precipitation**

The victim precipitation theory states that some victims initiate the confrontation that leads to their victimization, whether actively or passively. Various research studies have found that people who have an impulsive personality, rendering them as harsh or unbearable to others, may have a higher victimization rate. The reason is that impulsive people are antagonistic, making them more likely to be targeted. Also, they tend

to be risky and will get involved in dangerous situations without being cautious. Passive precipitation means that the victim unconsciously behaves in a way or has specific characteristics that instigate or encourage an attack (Patherick, 2017).

Active precipitation, on the other hand, occurs when the victim engages in threatening or provocative actions. Active precipitation is controversial because many argue whether or not it is ever okay to “blame” the victim for the occurrence of a crime. This is true, especially in rape cases where intimacy may have been present. However, there was no consent to sexual intercourse (Patherick, 2017).

### **Gacaca Courts and Community-Based Justice:**

One of Rwanda's notable initiatives in criminal punishment is the establishment of Gacaca courts. Gacaca, a traditional Rwandan practice of community-based justice, was revived to address the overwhelming number of genocide-related cases and facilitate the process of reconciliation (Lemarchand, 2009). According to Kanyange and Muheirwe (2017), Gacaca courts promoted community involvement, restorative justice, and truth-telling, allowing survivors and perpetrators to face each other and participate in the healing process.

One distinctive feature of Rwanda's approach to criminal punishment is the establishment of Gacaca courts. Gacaca, which means "justice on the grass," is a traditional community-based justice system that was revived to handle the overwhelming number of genocide-related cases. These courts aimed to provide justice, promote reconciliation, and foster healing within the community.

According to Reyntjens (2018), the Gacaca courts were organized at the grassroots level and involved community members as judges, who were trained to conduct trials following Rwandan customary law. Offenders were encouraged to confess their crimes and seek forgiveness from their victims and the community. The emphasis on confession, repentance, and reconciliation distinguished the Gacaca system from conventional punitive approaches.

### **Restorative Justice and Rehabilitation:**

The Rwandan perspective on criminal punishment aligns with the principles of restorative justice. Instead of solely focusing on punitive measures, Rwanda seeks to restore relationships, heal communities, and facilitate the reintegration of offenders. This approach emphasizes repairing the harm caused by the offense and addressing the needs of victims, offenders, and the community as a whole (Ministry of Justice, 2017).

Rwanda's perspective on criminal punishment extends beyond retribution and focuses on restorative justice and rehabilitation. The country recognizes the importance of addressing the root causes of crime and rehabilitating offenders to reintegrate them back into society (Ingelaere & Ntagaramba, 2013). In this approach, offenders are encouraged to take responsibility for their actions, make amends, and contribute positively to their communities.

### **Emphasis on Education and Reconciliation:**

Rwanda places a strong emphasis on education and reconciliation as means to prevent future crimes and promote social cohesion. The country has implemented educational programs, such as the "Rwanda Peace Education Program," to teach young generations about the consequences of violence and promote peace-building (Kayijuka, 2016). By fostering understanding and empathy, Rwanda seeks to break the cycle of violence and build a harmonious society.

### **Rehabilitation and Reintegration Programs:**

Rwanda recognizes the importance of rehabilitating offenders to ensure their successful reintegration into society. The country has implemented various programs, such as vocational training, counseling, and support networks, to assist individuals in rebuilding their lives and becoming productive members of their communities (Wolff, 2018). These initiatives aim to address the underlying issues that contribute to criminal behavior and provide individuals with the necessary skills and opportunities for a fresh start.

Rwanda also emphasizes the rehabilitation and reintegration of offenders as part of its approach to criminal punishment. The Rwandan government, in collaboration with international organizations, has implemented programs to provide education, vocational training, and psychological support to incarcerated individuals, enabling them to reintegrate into society successfully (Ngoga, 2017).

According to a study by Muyambiri, Denyer Willis, and Boshoff (2020), Rwanda's focus on rehabilitation aims to address the root causes of crime, promote empathy, and reduce recidivism rates. The rehabilitation programs emphasize community service, education, and skill development to help offenders reintegrate into society and contribute positively to its development.

### **Rwanda's perspective on crime prevention and control:**

Rwanda has implemented a range of innovative strategies to tackle crime and promote safety within its communities. One notable approach is the establishment of community policing initiatives, such as the Isange One-Stop Centres. These centers serve as hubs for community members to report crimes, access justice, and receive support services. They have been instrumental in improving police-community relations, enhancing trust, and facilitating the reporting of crimes that might otherwise go unreported.

Furthermore, Rwanda has prioritized social and economic development as a means to prevent crime. Initiatives such as the Girinka program, which provides cows to vulnerable families, and the Vision Umurenge Program (VUP), which focuses on poverty reduction, have contributed to reducing the socio-economic disparities that often drive criminal behavior. By addressing underlying social issues, Rwanda has taken a proactive stance in preventing crime at its roots.

Another noteworthy aspect of Rwanda's crime prevention strategy is its restorative justice approach. Following the genocide, Rwanda introduced community-based Gacaca courts to address the overwhelming caseload and foster reconciliation. These courts provided an avenue for truth-telling, accountability, and the rebuilding of social cohesion. The restorative justice approach has been instrumental in reducing recidivism rates and promoting healing within communities affected by the genocide.

### **Community Policing:**

Rwanda emphasizes the importance of community involvement in crime prevention. The country has implemented community policing initiatives that encourage collaboration between law enforcement agencies and local communities. This approach aims to build trust, enhance information sharing, and promote proactive crime prevention efforts.

### **Zero Tolerance Policy:**

The Rwandan government has adopted a zero tolerance policy towards crime. It is committed to swift and decisive action against criminal activities to ensure a safe environment for its citizens. This policy has been instrumental in reducing crime rates and maintaining law and order.

### **Rehabilitation and Reintegration:**

Rwanda places emphasis on the rehabilitation and reintegration of offenders into society. The country recognizes the importance of addressing the root causes of crime and providing opportunities for offenders to reintegrate into the community after serving their sentences. Rehabilitation programs aim to address underlying issues, reduce recidivism, and promote long-term societal stability.

### **Technology and Data-Driven Approaches:**

Rwanda has embraced technological advancements in crime prevention and control. The government utilizes various tools such as surveillance systems, data analysis, and information sharing platforms to enhance law enforcement capabilities, identify crime patterns, and develop targeted strategies for crime prevention.

### **International Cooperation:**

Rwanda recognizes the significance of international cooperation in combating transnational crime. The country actively engages with regional and international organizations to strengthen cooperation, share best practices, and address cross-border criminal activities effectively.

### **CONCLUSION**

Criminal punishment practices exhibit significant variation across the globe, reflecting diverse cultural, historical, and philosophical perspectives. While retributive punishment, restorative justice, rehabilitation, and deterrence are common approaches, the specific emphasis placed on each varies from country to country. Understanding these global perspectives on criminal punishment is crucial for fostering informed discussions, promoting reforms, and developing effective strategies to address crime and its consequences.

Rwanda's perspective on criminal punishment reflects its unique historical context and commitment to reconciliation, healing, and social reintegration. Through the Gacaca courts, community-based justice, rehabilitation programs, and restorative justice principles, Rwanda aims to address the legacies of the genocide and build a peaceful and inclusive society.

Rwanda's perspective on criminal punishment reflects a commitment to justice, reconciliation, and long-term peace. Through the establishment of Gacaca courts, emphasis on restorative justice and rehabilitation, investment in education and reconciliation, and the implementation of rehabilitation and reintegration programs, Rwanda has sought to address the consequences of its painful past while paving the way for a brighter future. By focusing on healing and accountability, Rwanda's approach to criminal punishment provides valuable insights for other nations grappling with post-conflict justice.

Police deter crime by increasing the perception that criminals will be caught and punished. The police deter crime when they do things that strengthen a criminal's perception of the certainty of being caught. Strategies that use the police as "sentinels," such as hot spots policing, are particularly effective. A criminal's behavior is more likely to be influenced by seeing a police officer with handcuffs and a radio than by a new law increasing penalties (Daniel, 2013)

### **RECOMMENDATIONS**

#### **Theoretical Perspectives:**

This section analyzes different theoretical perspectives on criminal punishment and their implications for crime prevention and control. It discusses the classical deterrence theory, which posits that the severity, certainty, and swiftness of punishment can deter potential offenders. The analysis also explores the concept of retributive justice, which emphasizes proportionality and punishment as a moral response to criminal acts. Furthermore, it examines rehabilitation models that prioritize offender reform and reintegration into society as a means of reducing recidivism.

#### **Effectiveness of Criminal Punishment:**

Drawing on empirical studies and case examples, this section evaluates the effectiveness of criminal punishment in achieving its intended goals of crime prevention and control. It examines the impact of different punishment strategies, such as incarceration, fines, probation, and community-based alternatives. The analysis also considers the role of various factors, including social and economic conditions, in influencing the effectiveness of criminal punishment.

Methods of incapacitation include imprisonment, house arrest, or electronic monitoring.



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